

Adult Events— Book Groups

P.O.V. Book Club— Tue., January 10, 7:00—8:00 p.m.

Discover new points of view (P.O.V.) by reading authors from varying backgrounds.

Adults. No registration.

January selection: *First Comes Like* by Alisha Rai



Sherwood Novel Book Group— Tue., January 24, 1:30—2:30 p.m. Time Change!

Join Sherwood Library's book group focusing on novels. **Adults. No registration.**

January selection: *The Reading List* by Sara Adams

Nonfiction Book Club— Mon., January 30, 7:00—8:00 p.m. New Time!

Discuss recent nonfiction books on various topics. **Adults. No registration.**

January selection: *Too Much Information: Understanding What You Don't Want to Know* by Cass Sunstein

COZY UP WITH A GOOD BOOK

Dec. 1-Jan. 31, 2023

Reading Challenge



'TIS THE SEASON FOR COZINESS!

We want everyone reading! So, hop into a reading nook and sink into a good book for the 2022 Winter Reading Challenge!

Participating is as easy as 1-2-3!

1. On November 28, go to [fairfaxcounty.beanstack.org](https://www.fairfaxcounty.gov/beanstack) to sign-up and register for the Winter Reading Challenge appropriate for your age.
2. Once the Challenge begins on December 1, log books, read for minutes or do a combination of both and collect virtual badges.
3. Once you have earned the required badges for your age/grade, visit your neighborhood library branch and receive prizes for finishing the program!



Scan the QR code to learn more!

Sherwood Regional Library
2501 Sherwood Hall Lane
Alexandria, VA 22306
703-765-3645

Hours:

Monday & Tuesday: 1-9
Wednesday—Sunday: 10-6

Closed for Holidays:

Sun., Jan. 1
Mon., Jan. 2
Mon., Jan 16



Friends of Sherwood Regional Library Book Sale

First Saturday Sale— Sat., January 7, 10:00 a.m.— 4:00 p.m.

A wide variety of books available for all ages. Book sale purchases support library programs.

Sherwood Regional Library

January 2023

Adult Programs



Find more information about our library events online at:
[fairfaxcounty.gov/library/events](https://www.fairfaxcounty.gov/library/events)

Register for library events online at: [fairfaxcounty.gov/library/events](https://www.fairfaxcounty.gov/library/events)

Sherwood Library Events

Adult Events— Health & Wellness

Tai Chi— Sun., January 8, 15, 22, 29, 1:00—2:00 p.m.

A beginner's tai chi class focusing on Chen Short Form tai chi that emphasizes posture, relaxation and smooth continuous motion. **Adults. No registration.**

Chair Yoga— Tue., Jan. 10, 24, 31, 1:30—2:15 p.m.; Wed., Jan. 18, , 1:00—1:45 p.m.

Sitting in chairs, students learn how to find stability, alignment, & integrity for stretches & safe movement of the body. **Adults. No registration.**

Slow Flow Mat Yoga— Tue., January 10, 31, 2:30—3:15 p.m.

Traditional floor mat yoga for adults of all ages and experience levels. **Please bring a yoga mat. Adults. No registration.**

Red Cross Blood Drive— Mon., January 23, 1:30—6:00 p.m.

Make a blood donation to help others. **Adults. Registration required.**

Adult Events— Technology

Computer Basics Workshop— Mon., January 9, 3:00—4:00 p.m.

Learn basic computer functions. No experience necessary. **Adults. Registration required.**

Memory Depot Orientation—Mon., January 23, 7:00—8:00 p.m.

Learn about the Memory Depot station, a do-it-yourself location for scanning your slides, negatives, and photos and to transfer your VHS cassettes to digital formats! **Adults. Registration required.**

Internet Fundamentals—Wed., January 25, 3:00—4:00 p.m.

Learn to search, connect to a webpage, and more. **Adults. Registration required.**

3D Print + Design Workshop— Sun., January 29, 11:00 a.m.—12:30 p.m.

Learn to use tinkercad.com and design your own keychain. **Adults. Registration required.**

Technology Tutoring— By appointment only. See staff at the information desk.

Meet one-on-one with a volunteer to learn new technology skills. **Adults. Registration Required.**



Adult Events— Puzzles

Puzzlin' Together— Mon., January 30, 2:00—4:00 p.m.

Celebrate National Puzzle Day — join us for some socializing and jigsaw puzzle fun! **Adults. No registration.**

Community Puzzle— Ongoing

The community puzzle is back! Step into the periodicals room and challenge yourself to add a piece (or more) to the puzzle on the table.

Puzzle Exchange— Ongoing

Looking for a puzzle to do at home? Visit the Puzzle Exchange. Take a puzzle, leave a puzzle. (Puzzles should be in the original boxes with all the pieces.) Located in the periodicals room.



Adult Events— Performances, Presentations, & Workshops

Lion Dance Performance— Sat., January 14, 11:00—11:30 a.m.

Celebrate Lunar New Year! The Jow Ga Shaolin Institute will perform a Lion Dance. Lion dances are traditionally performed to bring good luck for the New Year. **All Ages. Registration required.**

Victims' Rights— Tue., January 17, 7:00—8:00 p.m.

Fairfax County Police Department's Victim Services Division will provide a comprehensive overview of victims' rights and services available here in Fairfax County. **Adults. No Registration.**

Self-Defense Workshop— Sat., January 28, 1:00—3:00 p.m.

Learn self-defense mindset and awareness training amid excellent literary quotes. **Adults & Teens Ages 15+. Registration required.**



Adult Events— Arts, Crafts, & Maker

It's Sew Fun: Travel Tissue Holder— Mon., Jan. 9 or Thu., Jan. 12, 2:00—3:30 p.m.

Learn to sew a travel size tissue holder using the library's sewing machines. Sewing experience helpful but not necessary. Sewing machine and materials provided. **Adults. Registration required.**

Let's Plan It!— Sat., January 14, 1:00—3:00 p.m.

Trying to get organized for 2023? Bring your planner, and let's plan it together! We'll have planner planning and a sticker swap. **Adults. No registration.**

Craft & Chat— Wed., January 18, 2:30—3:30 p.m. *New Time!*

Bring a craft project from home, or work on one of the crafts provided, while enjoying a warm cup of tea with company! All supplies provided while supplies last. **Adults. No registration.**

Sunday Stitch & Sip— Sun., January 22, 11:00 a.m.—12:30 p.m.

Enjoy brunch-inspired mocktails and create mini, 3", embroidered designs. All supplies included. No experience necessary. **Adults. Registration required.**



Adult Events— Language Learning

English Conversation Class— Thu., January 5, 12, 19, 26, 1:00— 2:00 p.m.

***New Time Added!* Tue., January 10, 17, 24, 31 7:00—8:00 p.m.**

Practice speaking English with a library volunteer and other students in a relaxed atmosphere. This is an in-person class. **Adults. No registration required.**



More Events on Back

