

Sherwood Regional Library 2501 Sherwood Hall Lane Alexandria, VA 22306 703-765-3645

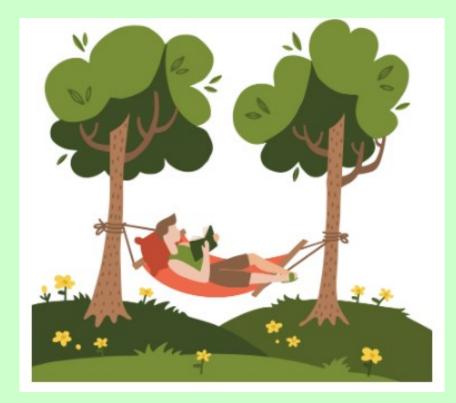
Monday & Tuesday: 1-9 Wednesday—Sunday: 10-6

Register for library events online at: fairfaxcounty.gov/library/events

# **Sherwood Regional Library**

# **June 2023**

## **Adult Programs**



Find more information about our library events online at: fairfaxcounty.gov/library/events

# **Sherwood Library Events**

#### Adult Events— Book Groups

#### P.O.V. Book Club— Tue., June 13, 7:00—8:00 p.m.

Discover new points of view (P.O.V.) by reading authors from varying backgrounds. Adults. No registration. June selection: *Wahala* by Nikki May

Nonfiction Book Club— Mon., June 12, 7:00—8:00 p.m. Discuss recent nonfiction books on various topics. Adults. No registration. June selection: *Predictably Irrational* by Dan Ariely



Sherwood Novel Book Group— Tue., June 27, 1:30—2:30 p.m. Join Sherwood Library's book group focusing on novels. Adults. No registration. June selection: *Chicken Sisters* by K.J. Dell'Antonia

#### Adult Events— Arts, Crafts, & Maker

#### Craft & Chat— Wed., June 21, 2:30—3:30 p.m.

Bring a craft project from home, or work on one of the crafts provided, while enjoying a warm cup of tea with company! All supplies provided while supplies last. **Adults**. **No registration**.

#### **Adult Events— Health & Wellness**

#### Tai Chi— Sun., June 4, 11, 18, 25, 1:00—2:00 p.m.

A beginner's tai chi class focusing on Chen Short Form tai chi that emphasizes posture, relaxation and smooth continuous motion. **Adults. No registration.** 

#### Chair Yoga— Tue., June 6 & 27, 1:30—2:15 p.m., Wed. June 14, 2:00—2:45 p.m.

Sitting in chairs, students learn how to find stability, alignment, & integrity for stretches & safe movement of the body. Adults. No registration.

#### Slow Flow Mat Yoga— No classes in June! Check back next month!

#### **Adult Events— Language Learning**

#### English Conversation Class— Tue., June 6, 13, 20, 27, 7:00—8:00 p.m. Thu., June 1, 8, 15, 22, 29, 1:00—2:00 p.m.

Practice speaking English with a library volunteer and other students in a relaxed atmosphere. This is an in-person class. Adults. No registration. Meets upstairs in Conference Room 3.

#### Friends of Sherwood Regional Library Book Sale

### First Saturday Sale— Sat., June 3, 10:00 a.m.— 4:00 p.m.

A wide variety of books available for all ages. Book sale purchases support library programs.

## Adult Events— Performances, Presentations, & Workshops

#### Concert: U.S. Air Force Band Quartet— Sun., June 4, 3:00—4:00 p.m.

The US Air Force Band has many different musical ensembles and Sherwood is proud to present their string quartet (part of the USAF Strolling Strings group). Come early to ensure a seat — this will fill up fast! **Ages 6 and Up. No registration.** 

#### Do Ask, Do Tell: A history of LGBTQIA+ military service — Tue., June 6, 7:00—8:00 p.m.

Join Cathy Marcello for a presentation on the history of LGBTQ+ military service featuring notable historical figures, along with the resources available to today's LGBTQIA+ service members, veterans and their families. Adults. No registration.

#### Red Cross Blood Drive— June 12, 1:30—6:00 p.m.

Did you know blood banks have a critical shortage of donor blood? Sign up to donate blood at our Red Cross Blood Drive: https://tinyurl.com/sherwood-blood-drive

#### Human Trafficking & Sexual Abuse— Tue., June 20, 6:00—8:00 p.m.

Join Sherwood Library and the FCPD to learn what you need to know regarding Human Trafficking in your community. **Adults & Teens. No registration.** 



#### 3D Print + Design Workshop— Sat., June 3, 1:00—2:30 p.m.

Learn to use tinkercad.com. Participants will design a custom desktop sign. Designs will be printed and available for pick-up following the session. **Adults. Registration required.** 

#### Learn About Libby—Thurs., June 22, 1:00—2:00 p.m.

Learn how to access and use the Libby app to access eBooks, eAudiobooks, and eMagazines. Please bring your FCPL library card and device passwords to the session. If you do not have your own device, laptops will be provided. **Adults. No registration.** 

#### Memory Depot Orientation—Mon., June 26, 7:00—8:00 p.m.

Learn about the Memory Depot station, a do-it-yourself location for scanning your slides, negatives, and photos and to transfer your VHS cassettes to digital formats! **Adults. Registration required.** 

#### Technology Tutoring— By appointment only. See staff at the information desk.

Meet one-on-one with a volunteer to learn new technology skills. Adults. Registration Required.

