

STATE UNIVERSITY OF NEW YORK
COLLEGE OF TECHNOLOGY
CANTON, NEW YORK



MASTER SYLLABUS

FSAD 406 – Bereavement Counseling

CIP Code:

(12.0302) Funeral Direction/Services

Created by: David R. Penepent. PhD

Updated by: October 25, 2023

**School of Science, Health and Criminal Justice
FUNERAL SERVICES ADMINISTRATION
Fall 2024**

A. TITLE: **Bereavement Counseling**

B. COURSE NUMBER: FSAD 406

C. CREDIT HOURS (Hours of Lecture, Laboratory, Recitation, Tutorial, Activity):

Credit Hours: 3

Lecture Hours 3 per Week

Lab Hours 0 Week

Other 0 per Week

Course Length): 15 Weeks

D. WRITING INTENSIVE COURSE: No

E. GER CATEGORY: None

F. SEMESTER(S) OFFERED: Fall

G. COURSE DESCRIPTION:

This course will explore and utilize various theories of grief as they apply to a bereaved person's grieving process. The course will explore anticipatory grief, hospice care, disenfranchised loss, child death, suicide, homicide, absent grief, tragic and sudden death, and extended grief. The student will observe and describe the progress of a person's grief to a recent loss as an original research project.

H. PRE-REQUISITES: PSYC 101 Introduction to Psychology,
SSCI 315 Death Dying and Bereavement

CO-REQUISITES: None

I. STUDENT LEARNING OUTCOMES:

Upon completion of this course, the student will,

Student Learning Outcome [SLO]	Program Student Learning Outcomes [PSLO]	Institutional Student Learning Outcomes [ISLO]
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1. Identify the various theories and emotions associated with the grieving process.	2.1.8 Describe methods to address the grief-related needs of the bereaved.	5. Industry, Professional, Discipline-Specific Knowledge and Skills
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J. APPLIED LEARNING COMPONENT: Yes _____ No X

If Yes, select one or more of the following categories:

Classroom/Lab _____

Internship _____

Clinical Practicum _____

Practicum _____

Service Learning _____

Community Service _____

Civic Engagement _____

Creative Works/Senior Project _____

Research _____

Entrepreneurship _____

(program, class, project)

K. TEXTS:

Binkewicz, M. P. (2005). *Peaceful journey: A hospice chaplain's guide to end of life*. Paramount Market Publishing.

Death Education Assessment Drill Simulator (DEAD), Anubis Publications Inc.

Canine, J. (2019). *The psychosocial aspects of death and dying*. Funeral Service Education Resource Center.

Penepent, D.R. (2024). *A complete guide to the arts section of the National Board Exam for funeral services: Revised edition*. Anubis Publication Inc.

L. REFERENCES: None

M. EQUIPMENT: Microsoft Word or comparable software. Internet access is required.

N. GRADING METHOD: A – F

NOTE: IN ALL FUNERAL SERVICE REQUIRED CORE COURSES A “C” OR HIGHER IS NEEDED TO PASS

The grading will be as follows:

Assignment Category	Grade Weight/ Point Distribution
Assignments <i>-Discussion Post 10%</i> <i>-Final Project 15%</i>	25%
Weekly Quizzes	25%
Comprehensive D.E.A.D. Exams	15%
Midterm	20%
Final	15%
Total	100%

O. SUGGESTED MEASUREMENT CRITERIA/METHODS:

Your final grade will be calculated based on the following grading scheme:

From %	To %	Letter grade	
100	92.0	A	
91.9	87.0	B+	
86.9	83.0	B	
82.9	79.0	C+	
78.9	76.0	C	
75.9	69.0	D+	Required to retake the course.
68.9	60.0	D	Required to retake the course.
59.9	0	F	Required to retake the course.

Once enrolled in the Funeral Services Administration program, students must complete the course of study within six (6) years. FSAD courses that are (6) years or older must be retaken because the American Board of Funeral Service Education revises the course outlines every seven years.

P. DETAILED COURSE OUTLINE:

- I. Psychology of loss, grief, and mourning
 - A. theories of loss and grief
 - 1. Lindemann
 - 2. Bowlby
 - 3. Kubler-Ross
 - 4. Parkes
 - 5. Raphael
 - 6. Wolfelt
 - 7. Piaget
 - B. theories of effective mourning
 - 1. Worden
 - 2. Rando
 - 3. Grollman
 - 4. Canine
- II. Counseling Theories
 - A. psychodynamic
 - B. client-centered
 - C. rational-emotive theory
- D. transactional analysis
- E. behavioral theory
- F. group therapy
- G. crisis intervention
- H. choice theory
- III. Therapeutic communication
 - A. listening techniques
 - B. paralanguage
 - C. location and setting
 - D. semantic influences
 - E. transference and counter transference
- IV. Development of a personal counseling approach
 - A. personal exploration of attitudes toward death
 - B. comparison of various theories to find a personal fit
 - C. write and defend a position paper
- V. Abnormal grieving
 - A. difficult losses - suicide, child, newborn, homicide
 - B. post-traumatic stress disorder
 - C. disenfranchised losses
 - D. anomic grief
 - E. absent grief
- F. intractable grief
- VI Healthy recovery schemes
 - A. interventions by care giving professionals
 - B. holistic approaches to health and wellness
 - C. alternative reinvestment of emotional bonds
 - D. group approaches to recovery
 - E. reinforcing the immune system
- VII. Evaluation of client progress and resolution
- Preparation for future losses

Q. LABORATORY OUTLINE: None