

**STATE UNIVERSITY OF NEW YORK
COLLEGE OF TECHNOLOGY
CANTON, NEW YORK**



MASTER SYLLABUS

PHTA 100 – Introduction to Physical Therapy

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**School of Science, Health, and Criminal Justice
Department: Physical Therapist Assistant
Fall 2023**

- A. **TITLE:** Introduction to Physical Therapy
- B. **COURSE NUMBER:** PHTA 100
- C. **CREDIT HOURS:** 2 credit hours
2 hours of lecture per week for 15 weeks

D. **WRITING INTENSIVE COURSE:** No

E. **GER CATEGORY:** None

F. **SEMESTER(S) OFFERED:** Fall

G. **COURSE DESCRIPTION:**

In this course, students are introduced and acclimated to the Physical Therapist Assistant program, and the physical therapy profession. Students are familiarized with the ICF Disablement Model and Patient/Client Management as a framework for guiding physical therapy practice. They receive introduction to a variety of practice settings and the team approach to rehabilitation. Students receive an introduction to the basic principles of medical terminology, physical therapy documentation, and reimbursement. Legal and ethical standards of conduct and the APTA's Core Values are identified and discussed. Students begin developing a greater awareness of and appreciation for the values and differences of others through self-reflection.

H. **PRE-REQUISITES/CO-REQUISITES:**

- a. Pre-requisite(s): PHTA majors only
- b. Co-requisite(s): N/A
- c. Pre- or co-requisite(s): N/A

I. **STUDENT LEARNING OUTCOMES:**

<u>Course Student Learning Outcome [SLO]</u>	<u>PSLO</u>	<u>GER</u>	<u>ISLO</u>
1. Identify components of the ICF model and the five essential elements of patient/client management in physical therapy.	PSLO #5 Communicate an understanding of the plan of care developed by the physical therapist to achieve short and long term goals and intended outcomes.		5 – Ind,Prof, Disc, Know Skills
2. Explain the purpose of the Problem Solving Algorithm for the PTA.	PSLO #8 Demonstrate sound clinical problem solving in the provision of physical therapy services.		2- Crit Think [PS]
3. Identify relevance of the Core Values for the PTA to own life	PSLO #16 Exhibit professional		4 – Soc Resp (T)

experiences.	behaviors that are consistent with the expectations of the physical therapy profession.		
4. Describe the collaborative relationship of the PT and the PTA in the physical therapy process.	PSLO #16 Exhibit professional behaviors that are consistent with the expectations of the physical therapy profession.		4 – Soc Resp (T)
5. Identify the roles of other members of the health care team and how they coordinate with physical therapy.	PSLO #12 Participate in activities that contribute to the effective function of the healthcare environment.		5 – Ind, Prof, Disc, Know Skills
6. Identify unique characteristics of various physical therapy settings.	PSLO #13 Participate in practice management functions within a physical therapy service, including billing and organizational planning.		5 – Ind, Prof, Disc, Know Skills
7. Identify and define basic medical terminology including prefixes, suffixes, word roots, combining vowels and abbreviations.	PSLO #5 Communicate an understanding of the plan of care developed by the physical therapist to achieve short and long term goals and intended outcomes.		5 – Ind, Prof, Disc, Know Skills
8. Recall principles and guidelines for documenting in a legal record.	PSLO #10 Complete accurate and timely documentation in accordance with regulatory guidelines to support the delivery of physical therapy services.		5 – Ind, Prof, Disc, Know Skills
9. Describe the education, role and scope of practice of the physical therapist assistant according to State Practice Acts and the APTA.	PSLO #3 Exhibit conduct that reflects practice standards that are legal and ethical.		4 – Soc Resp (ER)
10. Describe practice management aspects of physical therapy including reimbursement guidelines and continuous quality improvement.	PSLO #13 Participate in practice management functions within a physical therapy service, including billing and organizational planning.		5 – Ind, Prof, Disc, Know Skills

11. Describe their own values, cultural identity, and biases to foster greater awareness of and sensitivity to the differences and needs of others.	PSLO #2 Recognize individual differences, values, preferences, and expressed needs and respond appropriately in all aspects of physical therapy services.		4 – Soc Resp (IK)
12. Utilize the Ethical Standards of Conduct for the PTA to identify basic guidelines for dealing with ethical dilemmas.	PSLO #3 Exhibit conduct that reflects practice standards that are legal and ethical.		4 – Soc Resp (ER)
13. Identify the components of evidence-based practice and basic elements of healthcare literature.	PSLO #11 Appropriately utilize evidence-based resources in the provision of physical therapy services.		1 – Comm (W) 3 – Found Skills (IM)
14. Develop a plan for success in the PTA program, including identification of campus and personal resources.	PSLO #15 Identify career development and lifelong learning opportunities for the physical therapist assistant.		5 – Ind ,Prof, Disc, Know Skills

KEY	<u>Institutional Student Learning Outcomes [ISLO 1 – 5]</u>
ISLO #	ISLO & Subsets
1	Communication Skills Oral [O], Written [W]
2	Critical Thinking <i>Critical Analysis [CA] , Inquiry & Analysis [IA] , Problem Solving [PS]</i>
3	Foundational Skills <i>Information Management [IM], Quantitative Lit./Reasoning [QTR]</i>
4	Social Responsibility <i>Ethical Reasoning [ER], Global Learning [GL], Intercultural Knowledge [IK], Teamwork [T]</i>
5	Industry, Professional, Discipline Specific Knowledge and Skills

J. APPLIED LEARNING COMPONENT:
Community Service

Yes X No _____

- K. TEXTS:**
Erickson and McKnight (2018) *Documentation Basics*, Thorofare, NJ: SLACK Inc.
Physical Therapist Assistant Program Student Handbook, SUNY Canton, 2021. (on-line)
- L. REFERENCES:**
Gyls, B.A. and Wedding (2013) *Medical Terminology, A Body Systems Approach*, Philadelphia: F.A Davis.
- M. EQUIPMENT:**
None
- N. GRADING METHOD:** A-F as per PTA program standards
The grading scale for the Physical Therapist Assistant program is as follows:
A = 90-100 C = 70-74
B+ = 85-89 D+ = 65-69
B = 80-84 D = 60-64
C+ = 75-79 F = below 60
- O. SUGGESTED MEASUREMENT CRITERIA/METHODS:**
Homework Assignments
Exams/Quizzes
EBP Project
Self-Assessments
Reflective Papers
- P. DETAILED COURSE OUTLINE:**
- I. The Physical Therapy Profession
 - A. Success Strategies
 - B. ICF/Patient Client Mgmt
 - C. Problem Solving Algorithm
 - D. APTA History/Vision
 - E. Core Values
 - F. Intraprofessional Collaboration
 - G. Interprofessional Collaboration
 - H. Physical Therapy Settings
 - II. Documentation/Legal and Fiscal Aspects of Physical Therapy
 - A. Medical Terminology Basics
 - B. Documentation Principles
 - C. State Practice Acts vs APTA Guidelines
 - D. HIPAA
 - E. Reimbursement
 - III. Ethical Aspects of Physical Therapy/Patient Practitioner Interaction
 - A. Ethical Standards of Conduct
 - B. Cultural Competence
 - IV. Evidence Based Practice
 - A. Information Literacy
 - B. The EBP Process
- Q. LABORATORY OUTLINE: n/a**