

Summer Camps Guide

FCPS FAMILY RESOURCE CENTER
2334 GALLOWS ROAD, ROOM 105
DUNN LORING, VA 22027
703-204-3941
FRC@FCPS.EDU

Contents

General Camps	1
General Special Needs	4
ADHD	7
Autism Spectrum Disorder	10
Deaf/Hard of Hearing	13
Mental Health	15
Emotional Disabilities	16
Grief	17
Intellectual Disabilities	18
Learning Disabilities	19
Medical Conditions.....	20
Physical Disabilities	23
Social Skills	25
Speech /Language	28
Visual Impairments.....	30
Camps for Children of Military Personnel	31
Other Guides Available from the Family Resource Center	32

The resources listed here are provided for informational purposes only. They do not reflect recommendations or endorsements by Fairfax County Public Schools (FCPS) or the FCPS Family Resource Center. Updated February 2024

For questions, contact the Family Resource Center at 703-204-3941 or frc@fcps.edu
Digital version is available at: <https://padlet.com/FCPSFamilyResourceCenter/summer-camp-guide-tu658oaotai7m1cx>.

General Camps

Fairfax County Camps/parktakes

<https://www.fairfaxcounty.gov/parks/parktakes>

Fairfax County Parks and Recreation Camps guide:

<https://www.fairfaxcounty.gov/parks/sites/parks/files/Assets/documents/camps/camp-guide.pdf>

703-324-8571

Summer camps designed for families needing full day activities or those interested in just a few hours of hands-on activities. Offers a variety of activities in a wide variety of categories including aquatics, fitness, dance, outdoor recreation, performing arts and many more.

City of Fairfax Summer Camps

<https://www.fairfaxva.gov/government/parks-recreation/camp-programs>

703-591-3689

Provides programs that will allow children to grow and develop intellectually, physically, culturally, and socially. Campers will have the benefit of learning from role models while spending quality time.

Elementary Institute for the Arts (E-IFTA)

<https://www.fcps.edu/academics/summer-learning-programs/camps-and-institutes-elementary-institute-arts-e-ifta>

Students Currently in grades 2-5

E-IFTA is a weekly arts camp for elementary-aged students who love to sing, dance, act, perform, make, and create. Students take part in four classes every day related to dance, music, theatre, and visual art. They work with FCPS fine arts teachers who create classes that are fun and engaging.

Institute for the Arts (IFTA): Camps and Institutes

Students Currently in grades 6-11

<https://www.fcps.edu/academics/summer-learning-programs/camps-and-institutes-institute-arts-ifta>

The Institute for the Arts (IFTA) is a two or three-week summer enrichment program for students in middle school and high school. Students select from nearly 60 classes in Art, Dance, Health and PE9 * Music and Theatre * High school students can select Health and PE 9. This course satisfies graduation requirements. They must register for the three-week program.

Tech Adventure Camp

Grades K-5

<https://www.fcps.edu/academics/summer-learning-programs/camps-and-institutes-tech-adventure-camp>

A weekly exploratory camp designed to allow students to explore STEAM, culinary, health, trades, business, and marketing areas. The camp is open to students in grades K-5 during the 2023-24 school year. Students must be at least six years old by the first day of camp.

Career and Technical Education (CTE) Summer Academy

<https://www.fcps.edu/academics/summer-learning-programs/camps-and-institutes-CTE-summer-academy>

Students Currently in grades 6-11

CTE Summer Academy (CSA) is a weekly enrichment program that allows students to Dive deeper into Career and Technical Education (CTE) program areas. Develop new or existing skills. Begin career exploration. Students can personalize their experience by choosing which CTE classes they will take!

Baroody Camps

<https://www.baroodycamps.com/>

703-539-2602

An array of camps throughout Northern Virginia that fits every personality, including Sports/PE, Science, STEM, Arts and Craft , Performance ,and more.

Falls Church, VA

Empower Kids Summer Camps

<https://empower-kids.com/summer-camp-2024>

703-399-3600

Kindergarten - 18+

Empower Kids camps will include all the traditional camp experiences of cooperative games, craft projects, and outdoor play, PLUS gymnastics, ninja, mindfulness, social-emotional learning, and STEAM activities and SPORTS PLAY.

Alexandria, VA

Northern Virginia Community College Summer Programs

<https://www.nvcc.edu/student-life/mentoring/summer-programs.html>

703-323-3000

Camps are focused on hands-on, project-based learning that provides students with opportunities to begin exploring STEM fields and to chart a course for future STEM education and workforce opportunities. The STEM camp tracks include Coding, Robotics, Cybersecurity, Fabrication, Rocketry, and more.

McLean Community Center

https://mcleancenter.org/calendar/camps/?utm_campaign+=&utm_medium=email&utm_source=govdelivery

703-790-0123

Offers a variety of camps. Full-day and half-day, and day trips.

McLean Project for the Arts

https://mpaart.org/education/summer-art-camps/?utm_campaign+=&utm_medium=email&utm_source=govdelivery

703-790-1953

They offer various art camps for ages 3- 13.

Pozez Jewish Community Center

<https://www.thej.org/camps/pozez-jcc-day-camps/>

703-323-0880

Camp Achva and Camp Keshet provide fun and formative summer experiences for school-age children in grades K–10.

Camp LIGHT

<https://www.creativeworksfarm.org/camp-light/>

540-471-1659

Ages 6 – Adult

A summer day camp program for individuals with special needs and at-risk youth. Offers a place for children to improve social skills, stay active and have fun. The camp is offered for families at no cost so that children with medical, physical, behavioral, and other special needs, as well as at-risk youth, can enjoy the excitement of the camp, and build lifetime friendships with other children with a similar background.

Waynesboro, VA

General Special Needs

SOAR 365

<https://www.soar365.org/summer-camp>

804-358-1874

Ages 6-Adult

Provides traditional day and overnight summer camp activities for individuals with disabilities to participate in diverse activities with the help of trained staff.

Richmond, VA

Treatment and Learning Center Summer Programs TLC

<https://tvlc.org/programs/speech-language-therapy-and-occupational-summer-camps/>

301-424-5202

Ages 2.5 – 18

TLC's Speech-Language and Occupational Therapy Summer Camps serve young children with speech-language and occupational therapy needs ages 2.5 to 7. The Learning Enrichment program through the Katherine Thomas School serves students with language, learning, and sensory-motor disabilities and/or high-functioning autism K-8 in the lower/middle school and grades 9-12 in the high school. This camp serves children who need help with or need sensory integration, occupational therapy, speech/language, learning enrichment, and handwriting.

Rockville, Maryland

Camp LIGHT

<https://www.creativeworksfarm.org/camp-light/>

540-471-1659

Ages 6 – Adult

A summer day camp program for individuals with special needs and at-risk youth. Offers a place for children to improve social skills, stay active and have fun. The camp is offered for families at no cost so that children with medical, physical, behavioral, and other special needs, as well as at-risk youth, can enjoy the excitement of the camp, and build lifetime friendships with other children with similar backgrounds.

Waynesboro, VA

LCF KIDS - Get Moving! Get Social! Therapeutic Summer Camp

<https://www.lcfkids.com/special-needs-summer-camp>

703-909-7971

Therapeutic, fitness, and social skills camp for children with ADHD, autism spectrum disorder, sensory processing disorder, motor delay, learning disabilities, and social skills needs. Building children's self-esteem, self-confidence, and physical ability through sports and social activities. Focuses on improving communication skills, teamwork, cooperation, and social skills. Siblings without disabilities are welcome as well.

Falls Church and Ashburn, VA

Pozez Jewish Community Center Day Camps

<https://www.thej.org/camps/pozez-jcc-day-camps/>

703-322-0880

- **Camp Achva** provides experiences for children in grades K–10. Following a traditional day camp model, they create a safe & inclusive space for campers and staff to learn & grow through building friendships with each other, engaging in meaningful programming, and embracing camp traditions infused with Jewish culture.
- **Camp Keshet** is an opportunity for teens (rising 11th & 12th graders), young adults, and adults offered by the Inclusion and Disability Services Department at the Pozez JCC of Northern Virginia. This pilot program gives campers the opportunity to make new friends, and gain confidence through success in fun activities such as art, sports and games, music, yoga, theme days, and much more in a caring, friendly, and supportive environment. Each week, there are a variety of field trips planned for exploration and experiencing all that Greater DC has to offer.
Fairfax, VA

Aerie Experiences

<https://aerieexperiences.com/camps/>

404-285-0467

Aerie's programs provide experiences that integrate and promote the overall individual treatment plan of each camper. Aerie focuses on children, individuals, and families navigating Asperger's, High Functioning Autism, Learning Disabilities, ADHD, Neurobiological Disorders, and other special needs. Camps: Coastal Expedition, Paddle Camp, Arts & Adventure, and others.

PosAbilities Academy

<https://posabilitiesacademy.com/summer-program>

571- 293-2311

Develop fun programs for teens with disabilities.

Leesburg, Virginia

Virginia Jaycee

<https://www.campjaycee.org/>

732-737-8279

Camp Virginia Jaycee is a year-round residential outdoor recreation and educational facility for children and adults with intellectual and developmental disabilities. Children and adults with special needs can be helped physically, mentally, and emotionally by an outdoor education and recreation experience.

Blue Ridge, VA

Camp Fairfax

<https://www.fairfaxcounty.gov/office-for-children/camp-fairfax>

703-449-8989

This full-day program for rising 1st through 7th graders features opportunities in outdoor adventures, performing arts, sports and recreation, visual arts, science, technology, engineering, math exploration, and much more!

Parktakes

<https://www.fairfaxcounty.gov/parks/parktakes>

703-222-4664

All Ages

This is Fairfax County's listing of all summer programs. However, they provide a significant number of adaptive programs for children and adults.

Multiple locations in Fairfax County

Summer Rec-PAC

<https://www.fairfaxcounty.gov/parks/rec-pac-inclusion>

703-324-8727

All Rec-PAC programs are inclusive, however, targeted sites are designed to provide kids with disabilities the opportunity to engage in a variety of recreation activities with peers without disabilities in large group situations.

Therapeutic Recreation Camp

<https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation-camp>
and https://www.fairfaxcounty.gov/ncs_tracers/UP/Program.aspx?pTID=2

703-324-5532

All ages

Therapeutic Recreation offers summer camp experiences for individuals (~~ages 5-22~~) with developmental disabilities, intellectual disabilities, autism spectrum disorder, physical disabilities, emotional disabilities, learning disabilities, and/or attention deficit disorders. The summer will be packed full of special events, art activities, sensory play, games, sports, outdoor play, music activities, and more.

Camp Pocono Trails for kids, teens, and young adults.

<https://www.camppoconotrails.com/>

1-800-365-0556

Camp Pocono Trails helps teens struggling with issues like impulse control, social Issues, anxiety, technology addiction, trauma, video game addiction, autism spectrum, low self-esteem, school refusal, social isolation, family conflict, addictive behaviors, poor communication skills, ADHD, depression. Camp Pocono Trails helps campers with one or more of the following focus areas: weight loss& weight management, fitness& sports skills, Nutrition& culinary skills, video game habit reversal, social media overuse/misuse, self-esteem building, social skills building, and self-regulation skills.

Reeders, PA

ADHD

Camp Aristotle

<https://theauburnschool.org/summer-programs/>

Grades Kindergarten – 12

Camp for students who have trouble with peer relationships and/or impulse control. Weekly themes are chosen with input from students and activities are carefully designed to foster friendships, self-awareness, exploration, and social success.

Baltimore, MD/Fairfax, VA/Silver Spring, MD

Camp Aristotle Silver Spring Camp

<https://theauburnschool.org/summer-programs/camp-aristotle-silver-spring-campus/>

Offer activities designed to foster friendships, self-awareness, exploration, and social success.

Many students at Camp Aristotle experience challenges associated with High Functioning Autism, receptive and expressive/pragmatic language challenges, and ADHD.

Aerie Experiences

<https://aerieexperiences.com/camps/>

404-285-0467

Aerie's programs provide experiences that integrate and promote the overall individual treatment plan of each camper. Aerie focuses on children, individuals, and families navigating Asperger's, High Functioning Autism, Learning Disabilities, ADHD, Neurobiological Disorders, and other special needs. Camps: Coastal Expedition, Paddle Camp, Arts & Adventure, Animal Farm (Zoo) and Carnival, Scuba Camp, and others.

Camp Attaway

<https://campattaway.org/summer-program/>

443-518-7671

Ages 7 – 13

A summer recreation program for children with severe emotional and behavioral disorders. The campers come with a variety of difficulties/diagnoses ranging from poor peer and family relations, ADHD, depression, anxiety, mood disorders, high-functioning autism, oppositional defiant disorder, and problems with expressing feelings and coping appropriately.

Columbia, MD

Camp Summit

<http://summitcamp.com/camp/>

570-253-4381

Ages 8-21

Travel and Weekender programs provide an opportunity for kids and teens that have significant social learning and executive function deficits. Sleep-away camp features swimming, climbing, arts, theater, and athletics.

Pocono Mountains, PA

Camp Sequoia

<https://www.camp-sequoia.com/>

215-671-6944

Ages 7 – 17

Camp Sequoia is a supportive overnight camp for young men ages 7-17 and young women ages 10-16, focusing on the unique needs of kids with ADHD and those working on social or life development skills.

Lab School of Washington

<https://www.labschool.org/academic-experience/summer-programs>

202-965-6600

Summer program for students with learning disabilities and/or ADHD in grades 1-12 and special sessions in Speech and Language and Occupational Therapy for preschool to 12th grade, designed to help students understand their needs, evaluate their weaknesses, build confidence, and develop techniques for overcoming learning challenges.

Washington DC

Talisman Summer Camp

<https://talismancamps.com/>

828-697-6313

Ages 6 – 22

Traditional residential adventure camp for children with Autism Spectrum Disorder, ADHD, and similar neurodevelopmental disorders. Different camping experiences are designed to build confidence, problem-solve, and gain responsibility.

Zirconia, North Carolina

Camp Aristotle

<https://theauburnschool.org/summer-programs/>

Grades Kindergarten – rising 9th grade.

Offers activities designed to foster friendships, self-awareness, exploration, and social success. Many students at Camp Aristotle experience challenges associated with High Functioning Autism Spectrum Disorder, receptive/expressive/pragmatic language challenges, and ADHD. Students at Camp Aristotle may have trouble with peer relationships and/or impulse control. Sometimes, they have previously experienced unhappiness and frustration in camps where their need for tools such as sensory breaks was not respected or understood. The teachers and staff are specially trained to understand these needs to provide all campers with a fulfilling and bully-free camp experience.

Baltimore, MD/Fairfax, VA/Silver Spring, MD

Beyond Akeela

<https://beyondakeela.com/>

617-882-2267

A camp and college readiness program for high school teens with Asperger's, or similar ASD (Autism) profile, and ADD/ADHD. Participants practice post-secondary independent living skills, experience adventure, and develop life-long friendships, all while preparing for their transition to college and beyond.

Camp LIGHT

<https://www.creativeworksfarm.org/camp-light/>

540-471-1659

Ages 6 – Adult

A summer day camp program for individuals with special needs and at-risk youth. Offers a place for children to improve social skills, stay active and have fun. The camp is offered for families at no cost so that children with medical, physical, behavioral, and other special needs, as well as at-risk youth, can enjoy the excitement of the camp, and build lifetime friendships with other children with a similar background.

Waynesboro, VA

Camp Pocono Trails for kids, teens, and young adults.

<https://www.camppoconotrails.com/about/>

1-800-365-0556

Camp Pocono Trails helps teens struggling with issues like impulse control, social Issues, anxiety, technology addiction, trauma, video game addiction, autism spectrum, low self-esteem, school refusal, social isolation, family conflict, addictive behaviors, poor communication skills, ADHD, depression. Camp Pocono Trails helps campers with one or more of the following focus areas: weight loss& weight management, fitness and sports skills, nutrition and culinary skills, video game habit reversal, social media overuse/misuse, self-esteem building, social skills building, and self-regulation skills.

Reedrs, PA

Autism Spectrum Disorder

Camp Akeela

<https://campakeela.com/>

1-866-680-4744

Grades 3 – 10

A three-and-a-half week sleep away camp for kids with Asperger’s Syndrome, high-functioning autism and nonverbal learning disabilities to make friends and grow socially.

Vermont and Wisconsin

Beyond Akeela

<https://beyondayeela.com/>

617-882-2267

A camp and college readiness program for high school teens with Asperger's, or similar ASD (Autism) profile, and ADD/ADHD. Participants practice post-secondary independent living skills, experience adventure, and develop life-long friendships, all while preparing for their transition to college and beyond.

Camp Aristotle

<https://theauburnschool.org/summer-programs/>

Grades Kindergarten – rising 9th grade.

Offers activities designed to foster friendships, self-awareness, exploration, and social success. Many students at Camp Aristotle experience challenges associated with High Functioning Autism Spectrum Disorder, receptive/expressive/pragmatic language challenges, and ADHD. Students at Camp Aristotle may have trouble with peer relationships and/or impulse control. Sometimes, they have previously experienced unhappiness and frustration in camps where their need for tools such as sensory breaks was not respected or understood. The teachers and staff are specially trained to understand these needs to provide all campers with a fulfilling and bully-free camp experience.

Baltimore, MD/Fairfax, VA/Silver Spring, MD

Camp Attaway

<https://campattaway.org/summer-program/campers/>

443-518-7671

Ages 7 – 13

A summer recreation program for children with severe emotional and behavioral disorders. The campers come with a variety of difficulties/diagnoses ranging from poor peer and family relations, ADHD, depression, anxiety, mood disorders, high-functioning autism, oppositional defiant disorder, and problems with expressing feelings and coping appropriately.

Columbia, MD

Leap Ahead

<https://www.leapahead.org/>

703-392-6166

Day camp specializing in children with autism, designed to meet the developmental needs of the participants. ABA coaches and special education teachers provide support for IEP goals and Virginia Standards of Learning.

Manassas, VA

Camp Free2BMe

<https://richmondautism.org/our-programs>

804- 754-0000

A summer day camp offering social skills programming combined with recreational opportunities to children and young adults ages 13 and up. Each week is focused on a specific skill and is learned through outings, art, music, themed activities, and individual and group projects. They practice skills out in the community three to four days per week. RAIN uses an evidence-based peer-to-peer model in all programs. Peer to peer support programs and inclusion of students with ASD not only contributes to positive outcomes for the campers with ASD but can also impact several outcomes for peers.

Richmond, VA

Talisman Summer Camp

<https://talismancamps.com/>

1-808-697-6313

Ages 6 – 22

Traditional residential adventure camp for children with autism spectrum disorder, ADHD, and similar neurodevelopmental disorders. Many different camping experiences are designed to build confidence, problem-solve, and gain responsibility.

Zirconia, NC

Aerie Experiences

<https://aerieexperiences.com/camps/>

404-285-0467

Aerie's programs provide experiences that integrate and promote the overall individual treatment plan of each camper. Aerie focuses on children, individuals, and families navigating Asperger's, High Functioning Autism, Learning Disabilities, ADHD, Neurobiological Disorders, and other special needs. Camps: Coastal Expedition, Paddle Camp, Arts & Adventure, Animal Farm (Zoo) and Carnival, Scuba Camp, and others.

Camp Gonnawannagoagin

<https://camp4autism.com/programs/>

757-422-2040

Week-long day-camps for students with autism ages 6 and older.

Virginia Beach, VA 23451

I CAN BIKE

757-422-2040

<https://camp4autism.com/programs/>

Learning to ride a bike creates opportunities for children with autism to develop social interaction skills, improve fitness, and boost their self-confidence. Biking is enjoyed almost everywhere at any time of the year by people of all ages and genders. It is also a valuable mode of transportation. FACT partners with iCan Bike to teach individuals with developmental disabilities ages 8 and older how to ride traditional two-wheel bicycles.

Camp Pocono Trails for kids, teens, and young adults.

<https://www.camppoconotrails.com/about/>

1-800-365-0556

Camp Pocono Trails helps teens struggling with issues like impulse control, social Issues, anxiety, technology addiction, trauma, video game addiction, autism spectrum, low self-esteem, school refusal, social isolation, family conflict, addictive behaviors, poor communication skills, ADHD, depression.

Camp Pocono Trails helps campers with one or more of the following focus areas: weight loss& weight management, fitness& sports skills, Nutrition& culinary skills, video game habit reversal, social media overuse/misuse, self-esteem building, social skills building, self-regulation skills.

Readers, PA

Deaf/Hard of Hearing

Deaf Camps/American Sign Language Camp

<https://deafcampsinc.org/>

Ages 7 – 19

Deaf Camp is designed for Deaf and hard-of-hearing campers who communicate primarily in American Sign Language. American Sign Language Camp features ASL immersion opportunities for signers at any level, from beginning to fluent signers. Campers of all religious backgrounds are welcome and may be exempted from religious education and chapel upon request.

Knoxville, NC

Gallaudet University Summer & Enrichment Programs

<https://gallaudet.edu/youth-programs/summer-youth-camps/>

202-651-5000

Ages 10 -19

Summer Youth Camps are designed for middle and high school students up to the age of 19. The programs provide exciting summer learning and experiential opportunities against the backdrop of a world-class bilingual environment just minutes away from the U.S. Capitol.

Washington, D.C.

Camp Loud and Clear

<https://www.holidaylake4h.com/camp-loud-clear.html>

434-248-5444

Ages 9-18

This day camp will offer Deaf/HH children the environment with staff and programming to augment healthy, satisfying socialization experiences through various activities swimming, fishing, canoeing, archery, nature studies, and craft. Audio equipment provided by the VA Dept of the Deaf and Hard of Hearing.

Youth Leadership Camp

<https://youth.nad.org/ylc/>

An intensive educational four-week summer program for deaf and hard of hearing high school sophomores and juniors. Campers are referred to as Leaders throughout the program. The camp provides leaders the ability to develop their scholarship, leadership, and citizenship (SLC) qualities outdoors. Leaders experience self-discovery, learn about self-identity, confidence, and self-esteem and understand many things about themselves.

Silver Spring, MD

Signs of Fun Summer Camp

<https://www.signsoffuncamp.org/virginia>

540-226-9980 (Text only)

Video Phone: 540-645-5029 (VP)

Video Phone: 808-376-2226(VP)

Ages 3-18

They welcome campers who are Deaf or hard of hearing, ages 3-years-old to 18-years-old. Hearing siblings are also welcome. Camp hours are from 9 a.m. to 3 p.m. and children will enjoy activities such as crafts, sports, games, fishing, and swimming. The camp is held each year for one week. Here they swim, hike, fish, and have a variety of activities throughout the day related to the theme for the week. Many of the counselors are former campers that have graduated high school or ASL students from the local colleges. They offer a counselor-in-training program for teens to develop their leadership skills. Signs of Fun also aims to assist parents by giving them options for communication with children who are deaf or hard of hearing. Parents are encouraged to sign up for the ASL Class which happens while their children are at camp!

Bridging Hands Camp

<https://www.bhcamps.org/>

Ages 7 – 13

Provides day and overnight camp experiences for deaf/hard of hearing children, and children of deaf adults. Promoting communication access and positive interaction between various groups within the diverse, multicultural, and multilingual deaf community

Knoxville, MD.

Lions Camp Merrick

<https://lionscampmerrick.org/>

301- 870-5858

Ages 6-16

A week-long residential camping experience for children ages 6-16 who are diagnosed diabetic type 1, and children that are hearing or visually impaired.

Nanjemoy, MD.

Mental Health

Camp Attaway

<https://campattaway.org/summer-program/>

443-518-7671

Ages 7 – 13

A summer recreation program for children with severe emotional and behavioral disorders. The campers come with a variety of difficulties/diagnoses ranging from poor peer and family relations, ADHD, depression, anxiety, mood disorders, high-functioning autism, oppositional defiant disorder, and problems with expressing feelings and coping appropriately.

Columbia, MD

Camp LIGHT

<https://www.creativeworksfarm.org/camp-light/>

540-471-1659

Ages 6 – Adult

A summer day camp program for individuals with special needs and at-risk youth. Offers a place for children to improve social skills, stay active and have fun. The camp is offered for families at no cost so that children with medical, physical, behavioral, and other special needs, as well as at-risk youth, can enjoy the excitement of the camp, and build lifetime friendships with other children with a similar background.

Waynesboro, VA

Solstice East

<https://solsticeeast.com/b/summer-camp-for-troubled-girls/virginia/>
855-672-7058

At Solstice East, a holistic approach to therapy (one that simultaneously targets the mind, body, and spirit) helps every girl find the version of herself that she truly wants to be. The girls-only program at Solstice East allows adolescent girls to become comfortable with who they are. Guided by the team, struggling girls can truly overcome their issues and begin forming lasting, genuine changes for the better.

Emotional Disabilities

Camp Attaway

<https://campattaway.org/summer-program/>

443-518-7671

Ages 7 – 13

A summer recreation program for children with severe emotional and behavioral disorders. The campers come with a variety of difficulties/diagnoses ranging from poor peer and family relations, ADHD, depression, anxiety, mood disorders, high-functioning autism, oppositional defiant disorder, and problems with expressing feelings and coping appropriately.

Columbia, MD

Camp LIGHT

<https://www.creativeworksfarm.org/camp-light/>

540-471-1659

Ages 6 – Adult

A summer day camp program for individuals with special needs and at-risk youth. Offers a place for children to improve social skills, stay active and have fun. The camp is offered for families at no cost so that children with medical, physical, behavioral, and other special needs, as well as at-risk youth, can enjoy the excitement of the camp, and build lifetime friendships with other children with similar backgrounds.

Waynesboro, VA

Camp Pocono Trails for kids, teens, and young adults.

<https://www.camppoconotrails.com/about/>

1-800-365-0556

Camp Pocono Trails helps teens struggling with issues like impulse control, social Issues, anxiety, technology addiction, trauma, video game addiction, autism spectrum, low self-esteem, school refusal, social isolation, family conflict, addictive behaviors, poor communication skills, ADHD, depression. Additionally, the camp helps children with weight loss & weight management, fitness& sports skills, Nutrition& culinary skills, video game habit reversal, social media overuse/misuse, self-esteem building, social skills building, self-regulation skills.

Readers, PA

Grief

Comfort Zone

<https://comfortzonecamp.org/>

804-377-3430

Free-of-charge programs that include trust-building activities and age-based support groups that break the emotional isolation grief often brings.

Richmond, VA

Camp Erin

<https://www.ourhouse-grief.org/camp-erin/>

A free camp experience for children & teens who are grieving the death of someone significant/close. Camp Erin combines traditional camp experiences with grief support activities to provide a weekend of hope and healing.

Camp Lighthouse

<https://www.sentara.com/medicalservices/services/hospice/support/camp-lighthouse.aspx>

Two-day camp for children From Kindergarten through teens dealing with the loss of a loved one. Trained professionals and volunteers help children, and their families explore issues related to grief, walking beside them as they take the steps needed to heal.

Circle Camps

<https://www.circlecamps.org/>

920-988-8759

Ages 9 – 14 & 15 – 18 for returning campers.

Free summer camp and leadership program for girls who have experienced the death of a parent. The camp program encourages fun, engagement in traditional summer camp activities, and community building through shared grief. Their Leaders in Training program offers four years of leadership and skill-building, community engagement, and outdoor adventure for grieving teens. They run programming out of Georgia, West Virginia, and Maine.

Camp Kangaroo

<https://seasonsfoundation.org/camp-kangaroo/camp-kangaroo-maryland/>

847- 250-0799

Ages 5-13 and families

Camp Kangaroo is a bereavement camp experience offered free of charge to children in the community who have suffered the death of a loved one. Participants receive grief education and emotional support combined with fun camp activities.

Camp Kesem

<https://www.kesem.org/>

253-736-3821

Camp Kesem serves children who have lost a parent to cancer, have a parent undergoing cancer treatment, or whose parent is a cancer survivor. The camp focus on creating fun experiences that help these children escape even for a short time the challenges of coping with parents' cancer diagnosis. Campers find adventure and creativity, build trust in themselves, and create new friendships.

Intellectual Disabilities

Camp Easter Seals UCP

<https://eastersealsucp.com/camp-easterseals-ucp/>

800-662-7119

Camp Easterseals UCP is an overnight camp near Roanoke, Virginia for children and adults living with physical and intellectual disabilities. Assistance is available to all campers, while encouraging independence, improving self -esteem and Social Skills, outdoor activities. Summer camp, weekend respites and family camps are available.

Camp Rainbow Connection

<https://vaumc.org/crc/>

804-521-1100

Camp Rainbow Connection is a week-long respite camp for adults with intellectual disabilities. Petersburg, VA

Learning Disabilities

ASDEC

<https://asdec.org/For-Children>

301-762-2414

Grades 2 – 12

Orton-Gillingham based program endorsed by the International Dyslexia Association in the Washington, DC region. The program provides intensive instruction in reading, writing, spelling, study skills, and handwriting and math.

Rockville, MD/Northern Virginia

Lab School of Washington

<https://www.labschool.org/academic-experience/summer-programs>

202-944-2217

Grades Preschool – 12

Summer program for students with learning disabilities and/or ADHD in grades 1-9 and special sessions in Speech and Language and Occupational Therapy for preschool to 12th grade, designed to help students understand their needs, evaluate their weaknesses, build confidence, and develop techniques for overcoming learning challenges.

Washington, D.C.

Oakland School & Camp

<https://www.oaklandschool.net/2024-camp-details>

434-293-9059

Oakland's five-week summer camp is well-suited for students who have learning differences, need an academic boost, or have an individualized learning plan. An intensive academic program with the experience of traditional summer camp to ensure children stay on track and leg up when they return to school next fall.

Troy, VA

Aerie Experiences

<https://aerieexperiences.com/camps/>

404-285-0467

Aerie's programs provide experiences that integrate and promote the overall individual treatment plan of each camper. Aerie focuses on children, individuals, and families navigating Asperger's, High Functioning Autism, Learning Disabilities, ADHD, Neurobiological Disorders, and other special needs. Camps: Coastal Expedition, Paddle Camp, Arts & Adventure, Animal Farm (Zoo) and Carnival, Scuba Camp, and others.

Camp Akeela

<https://campakeela.com/>

1-866-680-4744

Grades 3 – 10

A three-and-a-half week sleep away camp for kids with Asperger's Syndrome, high-functioning autism, and nonverbal learning disabilities to make friends and grow socially.

Vermont and Wisconsin

Medical Conditions

Camp Holiday Trails

<https://campholidaytrails.org/>

<https://campholidaytrails.org/summer-programming/>

434-977-3781

Camp Holiday Trails (CHT) is a year-round nonprofit camp in a natural setting at the foothills of the Blue Ridge Mountains in Central VA. They provide Camp experience for children and teens aged age 7-17 with medical needs.

[Virtual and Multiple Locations](#)

Camp Accomplish

<https://campaccomplish.org/>

301-599-0180

Ages 5-18

Camp Accomplish serve campers developmental needs and chronic health conditions. Campers participate in activities from climbing walls to nature trails to therapeutic riding activities.

Manjemoy, MD

Champ Camp

<http://www.champcamp.org/>

317-679-1860

Ages 6 – 18

Champ camp provides a summer camp experience for children and adolescents with tracheostomies and those who require technological respiratory assistance. Campers fully participate in outdoor summer camp activities including swimming, canoeing, climbing, and zip-lining.

Greenwood, IN

Camp LIGHT

<https://www.creativeworksfarm.org/camp-light/>

540-471-1659

Ages 6 – Adult

A summer day camp program for individuals with special needs and at-risk youth. Offers a place for children to improve social skills, stay active and have fun. The camp is offered for families at no cost so that children with medical, physical, behavioral, and other special needs, as well as at-risk youth, can enjoy the excitement of the camp, and build lifetime friendships with other children with a similar background.

Waynesboro, VA

The Arthur C. Luf Children's Burn Camp

<https://www.ctburnsfoundation.org/arthur-c-luf-childrens-burn-camp/become-a-camper/>

203-878-6744

The camp offers a variety of activities including swimming, boating, archery, high ropes courses, firefighter games, and arts & crafts for children aged 8-18. No cost to families. The Children's Burn Camp mostly has volunteer staff comprised primarily of firefighters from fire departments throughout New England, New York, New Jersey, Maryland, Washington, D.C., and Victoria, British Columbia, and a medical team of professionals from leading Burn Centers in the Northeast, along with adult burn survivors, round out the camp staff. Union, CT

Central Virginia Burn Camp

<http://www.vaburncamp.org/>

434-263-6566

Ages 7-17

A residential camp summer camp for young burn survivors. It is free for children between 7&17, and staffed by firefighters, occupational therapists, nurses, adult burn survivors and volunteers. Activities at the camp include a team -building ropes, sports, arts and crafts, swimming, Camp Olympics, Archery, fishing, canoeing, horseback riding, campfires, a carnival, the camp dancing, and the end of the week variety show.

Charlottesville, VA

Camp Kno-Koma

<https://campknokoma.com/>

304-559-7351

Ages 7-16

A week-long summer camp for children with diabetes. Activities include tubing down the Greenbrier River, canoeing, swimming, archery, biking, and more.

Anthony, WV

Camp Accomplish /Camp Heartbeat

<https://campaccomplish.org/camp-programs/#camp-heartbeat>

Camp Heartbeat offers children and teens with heart conditions, ages 7-18, six days and five nights of summer fun, education, and social connections in a safe and supervised environment. In addition to fun, the goal of Camp Heartbeat is to reduce the social isolation that is often associated with heart disorders and increase the knowledge and understanding the campers have about their condition. The camp provides opportunities for the kids to work with professional staff and become better self-advocates and self-managers of their condition.

Lions Camp Merrick (Diabetic and Family Camp)

<https://lionscampmerrick.org/camps/>

301-870-5858

Ages 6 – 16

A two weeks residential camping experience for children ages 6-16 who are diagnosed diabetic type 1 or2 and their families. Campers will be hiking, canoeing, shooting archery, using the high and low ropes course, playing on the blow-up waterslide and slip 'n slide, and many other activities. Diabetic campers can bring a sibling with them to camp. Siblings will have the opportunity to learn about diabetes and how they can help care for and help their siblings.

Nanjemoy, MD

Horizon Day Camp

<https://horizondaycamp.org/metrodc/>

Full-summer day camp for children with cancer and their siblings, who are in active or follow-up treatment for cancer. Horizon Day Camp-Metro DC allows children to attend camp as often as they can during the summer and has events throughout the year which allow children to enjoy the activities during the day and to continue their medical treatment and enjoy the comfort and safety of their homes at night.

Camp Fantastic/Special Love

<https://speciallove.org/>

<https://speciallove.org/event/camp-fantastic/>

540-635-7171

A week-long camp for 7-17 patients and survivors who are within 5 years of treatment (or within 7 years of a bone marrow transplant). Medical care is provided on-site so campers can focus on fun – a ropes course, canoeing, swimming, cooking, sports, and more! Teens have exclusive lodging and programming and 16 and 17-year-olds can participate in the LIT (leaders in training) group. All cancer patients ages 7-17 within 5 years of treatment (or within 7 years of a bone marrow transplant) are eligible.

Physical Disabilities

Fairfax Falcons Paralympic Sports

<https://fairfaxfalcons.org/>

Paralympic sports program for individuals under the age of 22, who have not graduated from high school and who have an irreversible lower extremity disability, such as: paralysis, amputation, radiological evidence of limb shortening, spina bifida, a spinal cord injury, or cerebral palsy.

Fairfax, VA 22030

Camp LIGHT

<https://www.creativeworksfarm.org/camp-light/>

540-471-1659

Ages 6 – Adult

A summer day camp program for individuals with special needs and at-risk youth. Offers a place for children to improve social skills, stay active and have fun. The camp is offered for families at no cost so that children with medical, physical, behavioral, and other special needs, as well as at-risk youth, can enjoy the excitement of the camp, and build lifetime friendships with other children with a similar background.

Waynesboro, VA

SOAR 365

<https://www.soar365.org/summer-camp>

804- 665-1272

804-358-1874

Ages 6-Adult

Provides traditional day and overnight summer camp activities for individuals with disabilities to participate in diverse activities with the help of trained staff.

Richmond, VA

Camp Accomplish

<https://campaccomplish.org/>

301-599-0180

Ages 5-18

Camp Accomplish serve campers with and without disabilities and chronic health conditions. Campers participate in activities from climbing walls to nature trails to therapeutic riding activities.

Manjemoy, MD

Social Skills

Basic Concepts

<https://basicconcepts.org/>

240-447-8013

Grades Preschool – 8

Therapeutic interventions (sensory, play, music, social and behavioral) throughout all the daily activities. Programs are intended for children who have mild to moderate deficits in speech, language, play, sensory, and socialization. Children participate in both small and whole-group activities to ensure that their individual goals are met. Speech-language pathologists and special educators provide services in all the classrooms.

Rockville, MD

A Place to Be

<https://aplacetobeva.org/>

A Place to Be creates community, belonging, and hope through music therapy, performance, and the expressive arts. Their summer camp program is clinically based, run by therapists, and is designed with opportunities for self-expression, addressing resiliency, flexibility, and connection to others. Each summer they custom-create summer camps. From a “Pop Rocks” camp, where individuals can create songs and perform as a band, to nature meets art camps, where the camper has experience with nature as they create. Even film camps are geared toward the camper creating their own story and working with others to explore this innovative art form.

Middleburg, VA

Beyond Akeela

<https://beyondakeela.com/>

617-882-2267

Grades 11 – 12

2.5-week summer pre-college program with an intentional focus on helping teens transition into their post-secondary lives. Teens build and practice the social, executive function, and self-advocacy skills needed to thrive in college settings. A non-academic program, to help teens develop a heightened sense of self-awareness and their college readiness, while forging friendships that last a lifetime.

Appleton, WI

Camp Akeela

<https://campaakeela.com/>

1-866-680-4744

Grades 3 – 10

A three-and-a-half week sleep away camp for kids with Asperger's Syndrome, high functioning autism and nonverbal learning disabilities to make friends and grow socially.

Vermont and Wisconsin

Camp Aristotle

<https://theauburnschool.org/summer-programs/camp-aristotle-fairfax-campus/>

Grades Kindergarten – 12

Camp for students who have trouble with peer relationships and/or impulse control. Weekly themes are chosen with input from students and activities designed to foster friendships, self-awareness, exploration, and social success.

Baltimore, MD/Fairfax, VA/Silver Spring, MD

Camp Friendship

<https://campfriendship.com/programs/>

434-589-8950

Summer program for children who need to work on social, communication, and friendship skills. Camps include traditional camping experiences, and another camp is for equestrians. Additionally, they also have a family camp.

Palmyra, VA

Camp Sequoia

<https://www.camp-sequoia.com/>

215-671-6944

Ages 7 – 19

Camp Sequoia is an overnight summer camp for boys ages 7-17 and girls ages 10-16 to experience social skills success in a dynamic and nurturing environment. Camp Sequoia is designed for children and teenagers with ADHD and other similar diagnoses who do not need the level of support offered at special needs overnight camps yet need a different experience than a traditional overnight camp can offer.

Summit Camp

<https://summitcamp.com/>

570-253-4381

Ages 8 – 21

Travel and Weekender programs provide an opportunity for kids and teens that have significant social learning and executive function deficits. Sleep-away camp features swimming, climbing, arts, theater, and athletics.

Pocono Mountains, PA

Social Beginnings Social Skills for Kids

<https://www.verbalbeginnings.com/aba-programs/social-skills-for-kids/#summer-camps>

855-866-9893

Campers participate in both recreational activities and structured social skills lessons throughout the day. Educational opportunities extend from fun lessons, and in-house field trips, to outdoor games and adventures.

Columbia, MD

Skill Builders

<https://skillbuildersllc.com/>

Ages 5 – 9

Therapeutic camp run by an occupational therapist and a speech and language pathologist targets the development of social skills, flexible thinking, self-regulation, motor skills, and building friendships.

Multiple locations in Fairfax, VA

Camp LIGHT

<https://www.creativeworksfarm.org/camp-light/>

540-471-1659

Ages 6 – Adult

A summer day camp program for individuals with special needs and at-risk youth. Offers a place for children to improve social skills, stay active and have fun. The camp is offered for families at no cost so that children with medical, physical, behavioral, and other special needs, as well as at-risk youth, can enjoy the excitement of the camp, and build lifetime friendships with other children with a similar background.

Waynesboro, VA

Camp Pocono Trails for kids, teens, and young adults.

<https://www.camppoconotrails.com/about/>

1-800-365-0556

Camp Pocono Trails helps teens struggling with issues like impulse control, social Issues, anxiety, technology addiction, trauma, video game addiction, autism spectrum, low self-esteem, school refusal, social isolation, family conflict, addictive behaviors, poor communication skills, ADHD, depression. Additionally, the camp helps children with weight loss & weight management, fitness& sports skills, Nutrition& culinary skills, video game habit reversal, social media overuse/misuse, self-esteem building, social skills building, and self-regulation skills.

Readers, PA

Speech /Language

Basic Concepts

<https://basicconcepts.org/>

240-447-8013

Grades Preschool – 8

Therapeutic summer program offering daily instruction and focus in the areas of receptive and expressive language, social/peer interactions, play, problem-solving, sports, and academic skills. Full-day and half-day classes are available.

Rockville, MD

Speech of Cake

<https://www.speechofcakeinc.com/>

703-594-1668

Ages 4 – 17

Summer enrichment program that uses a collaborative approach to address articulation, expressive language, receptive language, executive functioning, social skills, and literacy.

Alexandria, VA

SPLISH-S.P.L.O.S.H.

<https://buildingblockstherapy.com/summer-program/>

703-533-8819

202-363-8255

Ages 4 – 10

A therapeutic summer camp run by speech-language pathologists and occupational therapists. A daily schedule and theme for each day include time for free play and socialization.

Arlington, VA

Treatment and Learning Center Summer Programs

<https://tvlc.org/services/summer-programs/>

301- 738-9691

TLC's Speech-Language and Occupational Therapy Summer Camps serve young children with speech-language and occupational therapy needs ages 2.5 to 7. The Learning Enrichment program through the Katherine Thomas School serves students with language, learning, and sensory-motor disabilities and/or high-functioning autism K-8 in the lower/middle school and grades 9-12 in the high school.

Summer Programs staff are certified special education teachers, licensed speech-language pathologists, occupational therapists, and teacher assistants.

Lab School of Washington

<https://www.labschool.org/academic-experience/summer-programs>

202-9656600

Grades 1 – 12

Summer program for students with learning disabilities, dyslexia, ADHD, and other language-based learning differences. Help students understand their needs, evaluate their weaknesses, build confidence, and develop techniques for overcoming learning challenges.

Washington, D.C

Skill Builders

<https://skillbuildersllc.com/>

A therapeutic camp run by an occupational therapist and a speech and language pathologist targets the development of social skills, flexible thinking, self-regulation, motor skills, and building friendships.

Fairfax, VA

Visual Impairments

Camp Abilities Delaware

<https://www.campabilitiesdelaware.org/>

Ages 5 – 17

Camp Abilities Delaware is an overnight educational sports camp that introduces children who are blind or have low vision to a variety of sports, including cross-country running, field events, golf, 5-a-side, soccer, team building, lacrosse, beep kickball, rugby, football, boating, and dance. The purpose of the camp is to empower children to be physically active, improve their overall health and wellness, encourage them to make food choices that support an active lifestyle and develop their confidence and self-esteem through sports and physical activity. Children receive one-on-one instruction during all physical activities and events.

Felton, DE

Camp Abilities PA @ WCU

<https://www.campabilitiespa.org/>

Ages 7 – 17

Educational overnight camp for children who are blind or have low vision. Empowers children to be physically active, improve their overall health and wellness, encourages them to make food choices that support an active lifestyle, and develops their confidence and self-esteem through sport and physical activity.

West Chester, PA

S.E.E. Day Camp – Winston-Salem

<https://ifbsolutions.org/programs-services/see-summer-camps/day-camp-winston-salem/>

336-245-5669

GradesK-12

2 weeks free of charge program. In each week will offer a combination of education, enrichment, and recreation for blind and visually impaired kids while working on independent living skills and providing functional opportunities for kids to use their braille, assistive technology, and cane skills Campers can come to both weeks, or just one. Camp instructors include certified teachers, community educators, and adults with blindness and visual impairment.

The Maryland School for The Blind

<https://www.marylandschoolfortheblind.org/statewide-services/summer-programs/>

410-444-5000

Grades 1st-12th

MSB offers short course programs to students (1st-12th grade) during the summer to promote skill development in the nine areas of the Expanded Core Curriculum. Their short courses are taught by highly trained and highly qualified MSB staff and staff from county vision programs around the state and other organizations that provide services to the blind and low-vision population. Some of these programs may include a small charge. Short courses can be provided on the MSB campus or regionally.

Camps for Children of Military Personnel

Camp Corral

<https://www.campcorral.org/>

The camp's mission is to transform the lives of children of wounded, ill, and fallen military heroes by providing camps, advocacy, and enrichment programs.

Military Teen Adventure Camps

<https://extension.purdue.edu/4-H/get-involved/military-teen-adventure-camps/index.html>

Ages 13-18

Residential camps for youth with military connections (active duty, guard, reserve, and retired personnel from any branch), age 13-18, to participate in these high adventure camps!

A variety of camps will be offered in 2023, from May through mid-August. Host states/sites include Arizona, Colorado, Georgia, Kentucky, Vermont, Virginia, and Washington. Each camp offers a unique outdoor experience that will allow you to build their leadership, self-confidence, and teamwork skills while engaging with the outdoors. Camps have funding available to assist with transportation costs.

Military families will find links on this page to register for the camps of their choice, along with local contact information.

Camps by location: <https://extension.purdue.edu/4-H/get-involved/military-teen-adventure-camps/camps-by-location.html>

Other Guides Available from the Family Resource Center

- Adapted Sports and Recreation Guide
- Digital Resources Guide
- Family Support Resource Guide
- LGBTQIA+ Resource Guide for Adults
- LGBTQIA+ Resource Guide for Youths
- Resources for Military-Connected Families
- Respite Care Resource Guide