

EFFECTIVE COMMUNICATIONS STRATEGIES and LIVING WITH ALZHEIMER'S: FOR YOUNGER-ONSET ALZHEIMER'S

Programs presented by the Alzheimer's Association



Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. When a loved one shows signs of dementia, it's time to talk.

Effective Communication Strategies:

- Communication is more than just talking and listening
- Learn to decode verbal and behavioral messages
- Strategies to help you connect and communicate at each stage
- How to approach someone with memory loss

DATE: August 17, 2020

TIME: Noon - 1 p.m.

Click here

to register

Living with Alzheimer's: For Younger-Onset Alzheimer's

- Information and insight on younger-onset
- Hear from others who are facing the disease
- Learn tips and strategies for living well with younger-onset
- How to plan for the future

DATE: August 18, 2020

TIME: 2:30 - 4 p.m.

Click here

to register

JOIN US USING A COMPUTER OR TELEPHONE

Dementia specialists will be available after the educational program to chat on an individual basis. This is an opportunity to speak about dementia and Alzheimer's-related issues as it relates to you. This can include caregiver stress, coping strategies, questions and concerns. Care Consultations can always be scheduled with Chapter staff by calling our 24/7 Helpline at 800.272.3900 and requesting this free service.

Call 800.272.3900 for more information or to register

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This program is supported in part by a grant from the New York State Department of Health



Alzheimer's Association Long Island Chapter and Sunrise of Huntington:

Virtual Memory Café



Thursday, August 20, 6:00 p.m. - 7:30 p.m.
Telephone / Virtual

Pre-registration is required. Please call our 24/7 Helpline at 800.272.3900
or [click here to register](#).

Visit www.alz.org/longisland to learn more about caregiver programs and resources.

Build a support system with people who understand.

The Memory Café is a free program for people in the early stage of Alzheimer's disease and their care partner to socialize and enjoy music and fun within a supportive community. From the safety and comfort of your home, dance and sing along to a musical performance. This program will encourage:

- reminiscing
- cognitive stimulation
- social connection
- laughter, smiles, and fun

This program is supported in part by a grant from the New York State Department of Health.

800.272.3900 • alz.org/longisland

Dementia Conversations



When a loved one shows signs of dementia, it's time to talk.
Register today at 800.272.3900.

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This workshop will offer tips on how to have honest and caring conversations with family members about:

*Going to
the doctor*



*When to
stop driving*



*Legal and
financial plans*



Date: September 3, 2020

Time: 1 - 2 p.m.

**Join us using a computer or telephone.
Dr. Palekar, MD, will join us for Q&A after the program.**

To register call 800.272.3900 or [CLICK HERE](#)

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