

## Freemans Reach Public School

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## **School Readiness Checklist**

_Today's Date

Please return this checklist to the school office before the first Kindergarten Orientation Day, Tuesday 2 November 2021. Alternatively, you can email the completed checklist to the school email at freemarch-p.school@det.nsw.edu.au

School readiness is determined by much more than a child's age. In order to make a successful and happy start to school, children also need to have a firm grasp of language, motor coordination, social and emotional skills.

This checklist has been adapted from the 'Kidsfirst Children's Services' checklist.

SOCIAL SKILLS CAN YOUR CHILD?	Can do this very well	Can do this sometimes	No, needs Assistance
Face a person when they are talking and give "eye contact"			
Comply with requests, cease activity when requested			
Manage frustration and avoid tantrums			
Wait patiently for several minutes for adult attention			
Separate from parents			
Independently begin an activity			
Ask for and accept help if necessary			
Play at an activity for 20 minutes or more			
Play co-operatively with friends			
Appears to understand the needs and feelings of others			
INDEPENDENCE SKILLS CAN YOUR CHILD?	Can do this very well	Can do this sometimes	No, needs assistance
Put on/remove socks, shoes, jacket			
Go to the toilet independently			
Wash and dry hands independently			
Blow nose and wipe efficiently			
Unwrap and eat lunch, peel fruit, manage lunchbox			
Take care of own belongings e.g. put bag in a designated place			
Tidy up own things, pack away			

COMMUNICATION CAN YOUR CHILD?	Can do this very well	Can do this sometimes	No, need
Initiate and sustain conversations with adults and other children			
Speak clearly and audibly and maintain eye contact			
Speak without shouting or whispering			
Answer inferential questions, e.g. why? What might happen next			
Describe recent experiences			
Recite rhymes and sing songs			
Retell stories			
Understand requests and seek clarification			
Carry out three directions in sequence			
Talk reciprocally with peers and take part in conversation			
FINE MOTOR AND COGNITIVE SKILLS CAN YOUR CHILD?	Can do this very well	Can do this sometimes	No, needs assistance
Recognise own first name			
Isolate fingers (e.g. to point)			
State full name, address, age			
Hold a pencil in an appropriate grip			
Draw recognisable pictures of people			
Cut along a 10 cm line with scissors, cut simple shapes			
Complete interlocking puzzles of 8-10 pieces			
Name colours			
Sort and classify objects (e.g. by colour, function, size etc.)			
Attempt to solve problems independently			
Describe concepts e.g. big/small, more/less, under/over, same/different, in front/behind, actions etc.			
Count up to top objects			
Count up to ten objects			
Enjoy interactive reading and answer questions about stories.			
	Can do this very well	Can do this sometimes	
GROSS MOTOR AND ORIENTATION SKILLS CAN YOUR CHILD?			
GROSS MOTOR AND ORIENTATION SKILLS CAN YOUR CHILD?  Move about confidently			
GROSS MOTOR AND ORIENTATION SKILLS CAN YOUR CHILD?  Move about confidently Manage unfamiliar environments			No, needs assistance
GROSS MOTOR AND ORIENTATION SKILLS CAN YOUR CHILD?  Move about confidently Manage unfamiliar environments Manage changes in the environment independently e.g. stairs,			
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GROSS MOTOR AND ORIENTATION SKILLS CAN YOUR CHILD?  Move about confidently Manage unfamiliar environments  Manage changes in the environment independently e.g. stairs, obstacles, uneven ground  Play imaginatively (indoors and outdoors)  Catch and throw a ball with a partner			